Run with Endurance

Continuing on with the Theme of Needing Endurance

Hebrews 10:35 - 36

35 Therefore do not throw away your confidence, which has a great reward.

36 For you have need of endurance, so that when you have done the will of God you may receive what is promised.

Verse 3: Consider him who Endured:

- **Endured** (*hypomeno*): literally means to "to stay under", having the fortitude to persevere, to bear with patience
 - "which does not mean the patience which sits down and accepts things but the patience which masters them... It is a determination, unhurrying and yet undelaying, which goes steadily on and refuses to be deflected." - William Barclay

<u>Verse 5 – 6: Have You Forgotten the Exhortation?</u>

Proverbs 3:11 - 12

11 My son, do not despise the LORD's discipline or be weary of his reproof,12 for the LORD reproves him whom he loves, as a father the son in whom he delights.

Verse 11: All Discipline Seems Painful... But Later It Yields the Peaceful Fruit of Righteousness

John 15:1 – 2

1 "I am the true vine, and my Father is the vinedresser.
2 Every branch in me that does not bear fruit he takes away (raises or lifts up), and <u>every branch</u> that does bear fruit he prunes, that it may bear more fruit.

• The Father prunes the fruitful branches, so that they might bear more fruit.

2nd Samuel 16:5 - 8, 11 – 12

5 When King David came to Bahurim, there came out a man of the family of the house of Saul, whose name was <u>Shimei</u>, the son of Gera, and <u>as he came he cursed continually.</u>

6 <u>And he threw stones at David and at all the servants of King David</u>, and all the people and all the mighty men were on his right hand and on his left.

7 And Shimei said as he cursed, "Get out, get out, you man of blood, you worthless man!
8 The LORD has avenged on you all the blood of the house of Saul, in whose place you have reigned, and the LORD has given the kingdom into the hand of your son Absalom. See, your evil is on you, for you are a man of blood."

11 And David said to Abishai and to all his servants, "Behold, my own son seeks my life; how much more now may this Benjaminite! <u>Leave him alone, and let him curse, for the LORD has told him to</u>.

12 It may be that the LORD will look on the wrong done to me, and that the LORD will repay me with good for his cursing today."

• Chastening should not be regarded as the *only* reason God allows difficult times, but it is an important one.

James 5:10 – 11

10 As an example of suffering and patience, brothers, take the prophets who spoke in the name of the Lord.

11 Behold, we consider those blessed who remained steadfast (*hypomenō*). You have heard of the steadfastness (*hypomonē*) of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful.

Psalm 119:67 – 68, 71

67 <u>Before I was afflicted I went astray, but now I keep your word</u>.68 You are good and do good; teach me your statutes.

71 <u>It is good for me that I was afflicted</u>, that I might learn your statutes.

Hebrews 5:7 - 8

7 In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard because of his reverence.
8 <u>Although he was a son, he learned obedience through what he suffered.</u>

Jeremiah 12:5 "If you have raced with men on foot, and they have wearied you, how will you compete with horses? And if in a safe land you are so trusting, what will you do in the thicket of the Jordan?

Strive for Peace and Holiness

Matthew 5:8 – 9

8 "Blessed are the <u>pure in heart</u>, for they <u>shall see God</u>.9 "Blessed are the peacemakers, for they shall be called sons of God.

Don't be Like Shortsighted Esau

Genesis 25:29 - 34

29 Once when Jacob was cooking stew, Esau came in from the field, and he was exhausted.30 And Esau said to Jacob, "Let me eat some of that red stew, for I am exhausted!" (Therefore his name was called Edom.)

31 Jacob said, <u>"Sell me your birthright now."</u>

32 Esau said, "I am about to die; of what use is a birthright to me?"

33 Jacob said, "Swear to me now." So he swore to him and sold his birthright to Jacob.

34 Then Jacob gave Esau bread and lentil stew, and he ate and drank and rose and went his way. Thus Esau despised his birthright.